



PureMelt B₁₂ Folate

NPN 80075700

What Is It?

PureMelt B₁₂ Folate contains a combination of activated vitamin B₁₂, as methylcobalamin, and Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate. This formula is offered in a unique, great-tasting fruit-flavoured lozenge designed to dissolve in the mouth without requiring water.

Special Features:

- Unique lozenge designed to dissolve in the mouth without requiring water
- Provides activated B vitamins
- Free of sugar and artificial sweeteners
- Great-tasting, fruit-flavoured lozenge
- Made with hypoallergenic, vegetarian ingredients

Uses for PureMelt B₁₂ Folate

Cellular Health: Optimal levels of folate and vitamin B₁₂ have been associated with cellular, cardiovascular, neurological and immune health. Folate is provided in this formula as Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF). L-5-MTHF is the predominant, naturally occurring form of folate in food. Through bypassing several enzymatic activation steps, it is directly usable by the body and provides all of the benefits of folic acid regardless of functional or genetic variations. In a double-blind, randomized, placebo-controlled intervention study of 144 women of child-bearing age, L-5-MTHF supplementation resulted in a greater accumulation of L-5-MTHF in red blood cells than equimolar doses of folic acid. Folate and methylcobalamin provide methyl groups involved in the methylation pathway, a key regulator of genetic expression and cellular function. Healthy methylation is vital for cellular health and energy metabolism.

What Is The Source?

Metafolin®, L-5-methyltetrahydrofolate (L-5-MTHF) is synthetic. Methylcobalamin is derived from corn dextrose fermentation. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Xylitol is derived from wood pulp.

Recommended Dose

Adults: Take 1 lozenge daily, with or between meals, or as directed by a healthcare practitioner. Allow lozenge to dissolve in mouth and swallow.

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Medicinal Ingredients (per lozenge)	 v
Folate (calcium L-5-methyltetrahydrofolate, Metafolin®)	400 mcg
Vitamin B ₁₂ (methylcobalamin)	1 000 mcg
Non-Medicinal Ingredients: Xylitol, D-Mannitol, Natural black cherry and vanilla flavours, Ascorbyl palmitate, Carboxymethylcellulose sodium.	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.